



Family name: \_\_\_\_\_



# Eco-Home Survey

Answer the questions to reflect on the environmental actions your family is currently practicing.

Award 10 points for every action performed as a family right now.

**ECO-HEROES = 110 POINTS AND OVER**

**ECO-HELPERS = 60 TO 100 POINTS**

**ECO-STARTERS = 50 POINTS AND UNDER**

- \_\_\_ We use reusable containers for left-overs.
- \_\_\_ We don't let the water run when brushing our teeth or washing our hands.
- \_\_\_ We collect excess water when bathing to use for other things (water plants, etc.)
- \_\_\_ We use reusable water bottles.
- \_\_\_ We collect glass, aluminum, plastic, or paper for recycling (10 points for each type).
- \_\_\_ We reuse items for other needs (egg cartons, glass jars, etc.)
- \_\_\_ We use both sides of a sheet of paper.
- \_\_\_ We have more items in the recycle bin than in the trash bin at the end of the week.
- \_\_\_ We compost our yard trimmings and fruit/vegetable scraps or maintain a worm bin.
- \_\_\_ We water and care for trees and plants at our home and in the parkway.
- \_\_\_ We use water saving devices on our faucets.
- \_\_\_ We have a low-flow toilet.
- \_\_\_ We use energy efficient light bulbs.
- \_\_\_ We unplug appliances when not in use.
- \_\_\_ We ride our bicycles, take the bus or use other energy-efficient forms of transportation.
- \_\_\_ We use our own cloth bags when we shop.
- \_\_\_ We buy clothes and other goods from a thrift store.
- \_\_\_ We use non-toxic cleaners.
- \_\_\_ We dispose of hazardous and electronic waste properly.

**Check out the resources on the next page to help you improve your score!**

Share your results to your social media and tag us at [treepeople\\_org](https://www.treepeople.org) #greenquarantine



TREEPEOPLE

# Resources

*Check out some of the resources below to help you improve your score!*

- *For LADWP rebates and programs go [here](#)*
- *For waste reduction and recycling go [here](#)*
- *For plastic film recycling go [here](#)*
- *For plastic bottle recycling go [here](#)*
- *For food recovery programs go [here](#)*
- *For homemade cleaning products go [here](#)*
- *For TreePeople's DIY Center go [here](#)*